



# NEWS FOR ALL SEASONS

The Wayne County Area Agency on Aging announces the schedule for the annual Tax Assistance Program. The AARP Foundation and VITA (Volunteer Income Tax Assistance) Tax Aide volunteers will again assist Wayne County's Senior Citizens and low to moderate income taxpayers with 2015 **Federal and State** tax returns. There is no charge for these services performed by well-trained volunteer tax counselors.



**Appointments are necessary; no walk-ins please.**

**[SEE PAGE 5 FOR SCHEDULE](#)**

Taxpayers are asked to bring only "simple tax returns" as we are unable to assist in the filing of long or complex returns. You must bring with you a copy of last year's tax returns and all tax information that you have received in order to file your 2015 tax returns. These documents include your Social Security 1099's, wage and earnings statements (W-2), pensions, IRA's, interests, and dividends information. Homeowners should bring 2015 county/city and school tax statements. If you sold your home in 2015 bring all supporting paperwork pertaining to the sale and 1099-S if you received one.

PLEASE BRING ANY INFORMATION ABOUT: 1- ANY ECONOMIC RECOVERY YOU RECEIVED, 2- NEW HOME YOU BOUGHT, 3- ENERGY SAVINGS ITEMS SUCH AS NEW WINDOWS, INSULATION, NEW ROOF, NEW HEATING SYSTEM, AND APPLIANCES, 5- OUT OF POCKET MEDICAL EXPENSES INCLUDING MILEAGE TO DOCTORS & HEALTH FACILITIES.

**[SEE PAGE 5 FOR SCHEDULE](#)**

You must bring in any and all information about income and expenses. Tax Assistance will be provided at the Honesdale, Hamlin, Hawley Senior Centers and Northern Wayne Satellite.

**In view of the new health care requirements impact on taxes, please add the following to your list of documents needed for tax preparation.**

- Bring health insurance coverage information for you, your spouse and all dependents
- If you don't have full year coverage, bring information on monthly coverage
- If you purchased health insurance through the Health Care Marketplace/Exchange you must bring Form 1095-A with you. You should receive this form by the early part of February 2016.
- Bring any health care exemptions received from the IRS or the Health Care Marketplace.

Call the Wayne County Area Agency on Aging at (570) 253-4262 to make your reservation and schedule your appointment, get directions to one of the sites, or if you have any questions regarding the Tax Assistance program. **When calling for an appointment, please be sure to let us know if you are filing for federal & state taxes or just state and rebate.**

Tax Assistance will be cancelled if **Wayne Highlands School District** is closed due to inclement weather. You must call to reschedule your appointment if you hear schools are closed. Please watch your local and Scranton TV stations or listen to radio stations 95.3 or Y105 for cancellation information. If you must cancel your appointment, please call the Wayne County Area Agency on Aging at least 24 hours in advance or as soon as possible so we can try to fill your slot.

<p>1) Meatloaf Mashed potatoes Mixed vegetable Cornbread Warm cinnamon apple slices</p>	<p>2) Tom w/beans soup Baked ham w/pineapple Macaroni Salad Asparagus Granola bar</p> 	<p>3) Tossed Salad Chicken Parmesan Over Whole wheat rotini Broccoli Vanilla ice cream</p>	<p>4) Soup-butternut squash Whole wheat crack- ers Tuna salad w/Lettuce, tomato on Pita Vegetable Slaw Fruit Medley</p> <p><i>Northern Wayne:</i> apple juice, tuna on pita, coleslaw, fruit medley</p>	<p>5) Roast turkey w/Gravy Mashed potatoes Brussel spouts Whole wheat dinner roll Warmed diced peaches On biscuit</p>
<p>8) Stuffed Shells w/sauce Meatballs Parmesan Cauliflower Italian bread Pineapple tidbits</p>	<p>9) Jumbalaya Corn bread Wax beans Candied carrots Citrus fruit med- ley</p>	<p>10) Orange- pineapl juice Egg Omelette Turkey Sausage Patty Potatoes Rye bread Grapes</p> 	<p>11) Honey mustard Chicken Mashed potato Zucchini Mixed Vegetables Whole Wheat Bread Lorna Doones</p>	<p>12) Side Caesar salad Pork Rotini Red cabbage Cauliflower Strawberries Over vanilla pud- ding</p>
<p>15) CLOSED FOR PRESIDENTS HOLIDAY</p>	<p>16) Baked chicken filet Succotash Candied carrots Rice pilaf Pink Grapefruit</p>	<p>17) Tossed salad Slice Cheese Pizza Meatballs Sauce-on meat- balls Broccoli Vanilla Pudding</p>	<p>18) Vegetable Slaw Southern Baked Chicken Strips Asparagus Italian Style Herbed brown rice Apricots</p>	<p>19) Pork Loin Chop Pierogies- Potato/Cheese Applesauce Peas n pearl onions Ambrosia</p>
<p>22) Corn chowder Salisbury steak w/Gravy Mashed potatoes CapeCod Blend Vegetables Whole wheat bread Orange segments</p>	<p>23) Shredded Pork Barbecue on Bun Brussel sprouts Cauliflower Warmed diced peaches On biscuit</p>	<p>24) Vegetarian Chili Baked Salmon Creamy Dill Sauce Whole Wheat Rotini Spinach Rye Bread Grapes</p>	<p>25) Side Caesar salad Ham Warm pineapple slices Sweet potato Parm buttered Fet- tuccini Vanilla Ice Cream</p>	<p>26) Baked breaded Chicken Tenders Baked potato w/Sour Cream Baby Carrots Cabbage Cornbread Fruit Cocktail</p>
<p>29) Haddock patty w/Tartar Whole wheat din- ner roll Stewed tomatoes Asparagus Apricots</p> 		<p>February 2016  Congregate  Meals</p>		

**ALL CENTERS CLOSED – MONDAY, FEB. 15 PRESIDENTS’ DAY**

**EVERYDAY AT THE HONESDALE CENTER**

**CAREGIVER’S SUPPORT GROUP – WEDNESDAY, FEBRUARY 10 at 1:30 pm**

<p><u>Monday</u>                  10:00 Walking Club                  10:30 Bridge                  12:00 Jazz Class                  1:00 Crafts                  2:00 Line Dancing</p>	<p><u>Tuesday</u>                  10:30 Exercise                  1:00–4:00 Pinochle</p> 	<p><u>Wednesday</u>                  8:30 Quilting                  10:30 Exercise                  10:30 Bridge                  11:00 Tai Chi *fee                  1:00 Art Class                  1:00 Bingo                  1:30 Tap Dancing</p>	<p><u>Thursday</u>                  10:00 Walking Club                  10:00 Games                  10:00 - 12:00 Wii                  1:00 Cards</p>	<p><u>Friday</u>                  10:30 Exercise                  1-2:30 Shuffleboard                  1-2:30 Cribbage                  1:00 Pool                  1-2:30 Rummikub                  1:30 Memoir Writing Group (1<sup>st</sup> &amp; 3<sup>rd</sup>)</p>
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**EVERYDAY AT THE HAWLEY CENTER**

<p><u>Monday</u>                  Cards &amp; Games                  8-3 Gym Equipment                  10:30 – 11:30 Exercise                  11:30 - 3 Mah Jong                  1-3 Wii Bowling</p>	<p><u>Tuesday</u>                  Cards &amp; Games                  8-3 Gym Equipment                  1 - 2 Bingo</p>	<p><u>Wednesday</u>                  Cards &amp; Games                  8-3 Gym Equipment                  10 - 2 Crafts                  10:30 – 11:30 Exercise                  1-2 Tai Chi *fee                  5:30 – 8:30 Mah Jong</p>	<p><u>Thursday</u>                  Cards &amp; Games                  8-3 Gym Equipment                  1:00 Bingo                  11 – 2:30 Card Club</p>	<p><u>Friday</u>                  Cards &amp; Games                  8-3 Gym Equipment                  10 - 2 Crafts                  10:30 – 11:30 Exercise</p>
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**EVERYDAY AT THE HAMLIN CENTER**

<p><u>Monday</u>                  Cards &amp; Games                  8:00-12 Pinochle</p>	<p><u>Tuesday</u>                  Cards &amp; Games                  1:00 Bingo</p>	<p><u>Wednesday</u>                  Cards &amp; Games                  10:00 Exercise</p>	<p><u>Thursday</u>                  Cards &amp; Games                  10:00 Exercise                  1:00 Crafts</p>	<p><u>Friday</u>                  Cards &amp; Games                  10:00 Bingo</p>
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**NORTHERN WAYNE SATELLITE – THURSDAY, FEBRUARY 4**

The PA Department of Health will be offering shingle shots for \$5.00 for people age 50 and over at our Senior Centers on the following dates  
 (All 10:00 am—12:00 noon):

Honesdale Center	February 12th
Hawley Center	February 19th
Hamlin Center	February 26th





## Benefits of the Pennsylvania Lottery

The Pennsylvania Lottery benefits older Pennsylvanians each day. Thanks to people who play the Lottery, it has provided more than \$24.7 billion to programs benefiting these older Pennsylvanians.

**Care Services for qualified Older Pennsylvania residents:** This includes long-term living services provided at home, in the community or in a care facility. In 2013-2014 the Lottery provided more than **\$330 million** for care services delivered to more than **20,500** residents. On average, it also supported the delivery of more than **\$904,000** in care services each and every day.

**Low-Cost Prescription Assistance:** also known as the **PACE and PACENET programs** offer low-cost prescription medications to residents who qualify, and who are 65 years and older. In 2013-2014 the Lottery supported these prescription programs totaling more than **\$186 million**. Enrollees received more than **9 million** prescriptions, and Lottery funding helped to fill nearly **24,700** prescriptions to older Pennsylvanians, every day.

**Property Tax and Rent Rebates:** provides up to **\$975** to eligible Pennsylvanians who are 65 years or older; widows and widowers age 50 and older; and people with disabilities 18 and older. There is an **annual income** limit of **\$35,000** for **homeowners**, **\$15,000** for **renters**, and **half of Social Security income** is **excluded**. If a person's income increases due solely to Social Security cost-of-living adjustments (COLAs) it will no longer disqualify people from receiving rebates. Spouses, personal representatives or estates may claim rebates on behalf of a deceased person who lived at least one day during a claim year. In 2013-2014 the Lottery once again provided more than **\$278 million** in rebates to more than **589,000** households statewide. Also, nearly **\$762,600** was refunded each day.

**Local Services, Senior Centers and Meals, Pennsylvania has 52 Area Agencies on Aging** and serve residents of all **67 counties**. They administer senior centers and coordinate services at the local level, including:

**Assessments and program referrals**  
**Health insurance counseling**  
**Legal assistance**  
**Transportation**

**Home-delivered meals**  
**Ombudsman services**  
**Protective services**



In 2013-2014 the Lottery contributed more than **\$275 million** to Area Agencies on Aging across Pennsylvania. Among many other services, these funds helped to provide **8.2 million** meals served at senior centers and delivered to homes. Lottery funds helped to provide more than **22,800** meals for older Pennsylvanians each day.

**Free and Reduced-Fare Transportation:** Any Pennsylvania resident who is 65 or older can ride public transit for free in counties where mass transit is, while commuter rail trips are \$1 each. **Those who are 65 and older also qualify to use shared-ride services at a reduced rate.** In 2013-2014, more than **\$162 million** in Lottery funds provided for nearly **34.7 million** free transit rides and nearly **4 million** shared rides. On average, the Lottery funds helped to provide more than **105,000** free and reduced-fare shared rides for older Pennsylvanians each day.

For information about any of these services or benefits please contact the Wayne County Area Agency on Aging, 323 -10<sup>th</sup> Street, Honesdale OR by calling 570-253-4262 OR check out the county web site, under Human Services: [www.waynecountypa.gov](http://www.waynecountypa.gov)

For Wayne County, Pennsylvania the following amounts were given or distributed for **2013-2014:**

<b>Lottery Prizes Paid to Winners:</b>	<b>\$10,034,273</b>
<b>Retailer Commissions:</b>	<b>968,603</b>
<b>Area Agencies on Aging &amp; Senior Centers:</b>	<b>1,511,862</b>
<b>Pace/Pacenet (Prescription Help):</b>	<b>913,627</b>
<b>Shared &amp; Free Ride Program (DOT):</b>	<b>507,876</b>
<b>Property Tax &amp; Rent Rebates (DOR):</b>	<b>1,192,000</b>
<b>Care Services (DOHS):</b>	<b>1,159,180</b>
<b>County Total:</b>	<b>\$16,287,421</b>

Call the Wayne County Area Agency on Aging at (570) 253-4262 to make your reservation and schedule your appointment, get directions to one of the sites, or if you have any questions regarding the Tax Assistance program. **When calling for an appointment, please be sure to let us know if you are filing for federal & state taxes or just state and rebate.** Tax Assistance will be cancelled if **Wayne Highlands School District** is closed due to inclement weather.

**Dates for the Honesdale Senior Center : (AARP Volunteers) 9:00 a.m. – 1:30 p.m.**

**February:**

Thursday, February 4<sup>th</sup>  
 Thursday, February 11<sup>th</sup>  
 Thursday, February 18<sup>th</sup>  
 Thursday, February 25<sup>th</sup>

**March:**

Thursday, March 3<sup>rd</sup>  
 Thursday, March 17<sup>th</sup>  
 Thursday, March 24<sup>th</sup>  
 Thursday, March 31<sup>st</sup>

**April:**

Thursday, April 7<sup>th</sup>

**Dates for the Hamlin Senior Center : (AARP Volunteers) 9:00 a.m. – 1:30 p.m.**

**February:**

Monday, February 8<sup>th</sup>  
 Monday, February 22<sup>nd</sup>  
 Monday, February 29<sup>th</sup>

**March:**

Monday, March 7<sup>th</sup>  
 Monday, March 14<sup>th</sup>  
 Monday, March 21<sup>st</sup>  
 Monday, March 28<sup>th</sup>

**April:**

Monday, April 4<sup>th</sup>

**Dates for the Honesdale Senior Center : (VITA Volunteers) 11:00 a.m. – 3:00 p.m.**

**February:**

Monday, February 29<sup>th</sup>

**March:**

Monday, March 14<sup>th</sup>



**Dates for the Hawley Senior Center : (VITA Volunteers) 11:00 a.m. – 3:00 p.m.**

**March:**

Wednesday, March 2<sup>nd</sup>  
 Wednesday, March 16<sup>th</sup>



**Date for the Northern Wayne Fire Hall, Lakewood: (VITA Volunteers) 11:00 a.m. – 3:00 p.m.**

**Thursday, March 24<sup>th</sup>**

**HONESDALE NOTES:**

- ⇒ Bill Frye Entertains: (When Frye sings, the party swings! Enjoy upbeat tunes from the 40's to the 60's.) on February 17<sup>th</sup> – 11 am
- ⇒ Please make a note that Birthday Friday is February 5<sup>TH</sup>
- ⇒ Honesdale Senior Center will have their annual Valentine's Day Party on February 12<sup>th</sup>, A "Sweetheart Lunch" will be served and lucky seniors will be awarded door prizes.
- ⇒ Craft time will be on the last Monday of every month, February will be the 29<sup>th</sup>.
- ⇒ February 3<sup>rd</sup>- Senior Bullying
- ⇒ February 24<sup>th</sup>- Ise Kannebecker will be speaking on stress reduction "Be Kind to Yourself, Relax and be well."

<p>1) Meatloaf Mashed potatoes Mixed vegetable Wh Wh dinner roll Warm cinnamon apple slices</p>	<p>2) Tom w/beans soup Baked ham w/pineapple Asparagus Whole wheat bread Granola bar</p> 	<p>3) Chicken Parmesan over Whole wheat rotini Carrots Broccoli Italian bread</p>	<p>4) Apple juice Pollock loin Garden rotini Wax beans Hubbard squash</p>	<p>5) Roast turkey with Gravy Mashed potatoes Brussel spouts Whole wheat dinner roll Warmed diced peaches On biscuit</p>
<p>8) Stuffed Shells w/ sauce Meatballs Cauliflower Spinach Italian bread</p> 	<p>9) Jumbalaya Over white rice Whole wheat bread Wax beans Candied carrots</p> 	<p>10) Orange-pineappl juice Egg Omelette Turkey Sausage Patty Potatoes Rye bread Warm cinnamon apple slices</p>	<p>11) Honey mustard Chicken Mashed potato Zucchini Mixed Vegetables Whole Wheat Bread Lorna Doones</p>	<p>12) Orange juice Pork Rotini Red cabbage Sweet potato</p>
<p>15) <b>CLOSED</b>  <b>FOR PRESIDENTS</b>  <b>HOLIDAY</b></p>	<p>16) Grape juice Baked chicken filet Succotash Candied carrots Rice pilaf</p>	<p>17) Apple juice Slice Cheese Pizza Meatballs Sauce-on meatballs Broccoli Graham crackers</p>	<p>18) <b>Southern Bakd Chix Strips</b> <b>Asparagus Italian Style</b> Steamed buttered cabbage Herbed brown Rice Apricots</p>	<p>19) Pork Loin Chop Pierogies-Potato/Cheese Applesauce Peas n pearl onions Ambrosia</p>
<p>22) Orange juice Corn chowder Salisbury steak w/Gravy CapeCod Blend Vegetables Whole wheat bread</p>	<p>23) Shredded Pork Bar-becue On Bun Brussel sprouts Cauliflower Warmed diced peaches On biscuit</p>	<p>24) Vegetarian Chile Baked Salmon Creamy Dill Sauce Whole Wheat Rotini Spinach Rye Bread Fruit cocktail</p>	<p>25) Apple juice Ham Warm pineapple slices Sweet potato Parm buttered Fet-tuccini</p>	<p>26) Bakd Chix Tendrs Baby Bakers Baby Carrots Cabbage Whole Wheat bread</p> 
<p>29) Haddock patty Whole wheat dinner roll Stewed tomatoes Asparagus Apricots</p>	<p><b>MILK PROVIDED WITH ALL MEALS</b></p>	<p><b>HOME DELIVERED MEALS</b></p>		

**HAMLIN NEWS**

Party, Party, Party!!! That's enough already, I'm tired and I need some rest. Just about the time we'd get finished cleaning up from one party... the next one was starting. I must say it was a wonderful holiday season though. We started right off the first week of December with the the Black Bear Conservatory Woman's Choir. These lovely ladies from Hawley sang lively Christmas carols and got the seniors into the holiday spirit. Next George Rittenhouse really got the center rockin' with his holiday show. I think Ray danced with every lady who was willing to cut the rug with him. At 92, Ray can still out dance anyone else at the center. I know I can't keep up with him. The highlight of our Christmas dinner was the arrival of Santa. Our Santa is a jolly old elf, he always has a joke to tell, a treat for each senior and loves to have his picture taken with everyone by the tree. After Santa spreads his cheer at our center he rides his sleigh to St. Mary's Villa and celebrates with his Mom, Polly, and the other residents. What a wonderful elf!

We rang in the New Year with our in-house musicians, Fred Kitchen and Dante Giammarco playing their accordions at our party. Fred started playing at 9:30 in the morning and I had to yell "last call" at 2:30 in the afternoon to get him and Dante to stop. They had such a good time playing together they didn't want to stop. (Continued on bottom next page . . .)



**Pennsylvania Dept of Aging offers some tips so that we can all help to ensure that older Pennsylvanians can stay safe, well and warm.**



- ⇒ **Be careful of ice:** To lessen the chance of falling in cold weather, wear sensible footwear; stick to cleared sidewalks and roads; ask a family member or neighbor to help shovel snow and sprinkle sand or salt on icy areas; hold onto handrails on stairs; avoid going outside when conditions are poor; and exercise indoors by stretching, which improves circulation and limbers muscles.
- ⇒ **Stay warm:** As we age, our sense of touch declines. Arthritis, diabetes, poor circulation, paralysis caused by stroke and many other conditions can cause lack of feeling, especially in our extremities. A diminished response to cold increases a senior's risk for hypothermia. In order to prevent hypothermia, keep the thermostat at 68 degrees or above; dress in loose-fitting, layered, lightweight clothes for warmth; keep your head covered, wear mittens or gloves when outdoors; and eat well as food provides the body with energy and calories that are a measure of heat. If you need assistance paying your winter heating bills, contact the Low Income Energy Assistance Program (LIEAP) or if you need help accessing nutritious meals, contact your local Area Agency on Aging for information about your local Meals on Wheels/Home-Delivered Meal or Congregate Meal program, which is offered at local Senior Community Centers.
- ⇒ **Protect your skin:** As we age, our skin becomes thinner, drier and more susceptible to tearing and cracking. Keep room air moist by adding a humidifier or vaporizer or place a pan filled with water near a heat source, such as a radiator; drink plenty of water and eat foods with high water content, like soup; rub moisturizer on your skin and use a nasal lubricant to protect the sensitive lining of your nose.
- ⇒ **Be prepared for an emergency:** Stock up on food and fresh water; keep batteries, candles, flashlights, extra blankets and a battery operated radio on hand.
- ⇒ **Keep spirits high:** Inclement weather can restrict activities, including the opportunity to mingle with others, and may add to isolation and loneliness and shorter days means less sunlight, which can also contribute to depression. Try to socialize by calling a friend or relative for a chat; and if you have elderly neighbors, check on them ... one quick call or knock on the door may save someone's life.

January 3<sup>rd</sup> brought my 60<sup>th</sup> birthday and another party. And a really good party too! Frankie Gervasi entertained, he had everyone dancing in their chairs and singing along to the music.

I'd like to thank Randy Peifer and the kids from the 4-H Explorers Club for decorating the center for Christmas. For many years they have been coming on the Sunday after Thanksgiving to decorate and they do such a beautiful job. I enjoy sharing in their holiday spirit and enthusiasm. Oh, to be young.

I'd also like to thank everyone for volunteering, sharing their musical talents and for giving love and care to each other at this special time of year, (which can be a difficult time for many seniors. )

Yes, we all know it is winter and you might be getting cabin fever about this time. Don't sit around watching TV and wasting your time—Volunteer! Everyone has some kind of talent and why not share it. Or discover you have talents you didn't even know you had. I'd love to have someone restart our craft class, call bingo, get us moving with exercise, play a trivia game with the seniors, have a sing-a-long... the possibilities are endless. Call me with your ideas 689-3766. I need help with a fresh start to the new year.

Speaking of the New Year it is time to plan our bus trips for 2016. We start right off with our first trip going to Mohegan Sun Casino on Friday, Feb. 19<sup>th</sup> (snow date Monday, Feb 22<sup>nd</sup>) Make sure you clear your calendar for both days. I also need your input for our overnight trip. I've got it down to Pittsburgh or Cape May, NJ. Let me hear from you, where do you want to go?

News from  
the Nutrition  
& Dietary  
Department:  
**Grand  
Reopening  
of  
A la Carte:**

We are hustling and bustling now that we have reopened a la carte stations (see details below and menu on next page). Nutrition and dietary department goals include spreading the benefits of the nutrition program by increasing participation eating our lunch meal. One strategy we are implementing is to offer the food during two hours at each carte location- from 11:00am-1:00 pm. We are aware that lots of folks age 60 (plus) may need flexibility toward eating lunch. Being present at noon is not required to benefit from the nutrition program, although senior center staff will continue to serve lunch daily at noon. Opportunity for social engagement is a required component of the nutrition program. To that end, tables and chairs are available at both locations for dining. We hope more people enjoy the food we make in our kitchen. If you are 60 years and older, there is not a fee, however, a two dollar donation is accepted. People under age 60 can also eat the nutrition program meal. Suggested donation is \$5.00. Anyone is welcome to try any item on the Carte menu. Bon Appetit,  
Lynn Guiser, MS, RD/N, LD/N, Registered and Licensed Dietitian  
Amy Costantino, Food Service Manager

**A La Carte February 2016 Menu** All food served 11:00 am to 1:00 pm

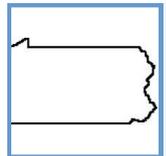
Earl J. Simons Carte: Open Daily      Park Street Café- Open Mon, Wed, Friday  
We request (not require) you call to preorder *meals in italics* by 11:00 the day prior-570-253-5540 Ext 3168. For other food items-preorder requested-not required. 570-253-5540 Ext 3197 (*If you are age 60 and older*-and order a *meal in italics*-and with \*stars\*-payment is not required, however, we suggest a \$2.00 donation.) For folks under age 60, the *meal in italics* is a \$5.00 'suggested donation' Soups: \$1.75 (suggested donation) Soda and iced tea: .50 cents

See if you can  
match these cities  
to the descriptions

- |            |              |              |
|------------|--------------|--------------|
| Erie       | Pittsburgh   | Altoona      |
| Bradford   | Williamsport | Scranton     |
| Harrisburg | Valley Forge | Philadelphia |

(answers on page 10)

- \_\_\_\_\_ General George Washington and men of the Continental Army crossed the Delaware River here on Christmas night 1776 and marched to Trenton, New Jersey
- \_\_\_\_\_ Pennsylvania's first city with a successful pioneer trolley line, it became known as "The Electric City."
- \_\_\_\_\_ Pennsylvania's only lake port city, it used to be called Gern City, some say for the sparkling bay.
- \_\_\_\_\_ Home to the national famous railroad Horseshoe Curve, this city was founded by the Pennsylvania Railroad in 1849. Its name comes from the Latin word altus, meaning "high."
- \_\_\_\_\_ This city hosts the Little League Baseball World Series.
- \_\_\_\_\_ This small city, located 78 miles south of Buffalo, New York, emerged as a wild oil boomtown in the Pennsylvania oil rush in the late 19<sup>th</sup> century.
- \_\_\_\_\_ This Capital city is located along the Susquehanna River.
- \_\_\_\_\_ Known as "The City of Bridges" and "The Steel City" for its many bridges and former steel manufacturing base, this city's economy is now largely based on healthcare, education, technology, robotics, and financial services.
- \_\_\_\_\_ This city is home to the one and only Liberty Bell. The bell weighs more than 2,000 pounds. It is said it cracked the first time it was rung in the year 1776. It seems a flaw in creation caused the problem.



<p><b>1)</b> Chicken n rice soup Crackers <i>*Meatloaf, mashed potatoes, mixed vegetables, cornbread, apple slices, dinner roll, milk*</i> Meatloaf on roll- (\$2.50) Oven fries – (.50 cents) Hotdogw/sauerkraut/oni on sauce(\$1.00, plus .25)</p>	<p><b>2) EARL J SIMONS ONLY:</b> <i>Tom w/beans soup,</i> Crackers <i>*Tom w/beans soup, Bakd ham</i> <i>Macaroni Salad, Asparagus, milk</i> <i>Granola bar*</i> Reuben SW on rye- (\$3.50)</p>	<p><b>3)</b> French onion, croutons, cheese <i>*Tossed salad, chicken parmesan over rotini, broccoli, ice cream, milk*</i>  Chicken parm hoagie- (\$3.50) Southwestern chicken salad-(\$4.50)</p>	<p><b>4) EARL J SIMONS ONLY:</b> <i>Soup-Butternut Squash</i> Crackers <i>* Soup-Butternut Squash, Tuna fish salad, Pita, Lettuce, tomato, Veget slaw, Fruit Medley, milk*</i> Turkey BLT on toast- (\$3.25)</p>	<p><b>5)</b> Lobster Bisque Crackers <i>*Roast turkey, mashed potatoes, brussel sprouts, gravy, dinner roll, milk, peaches over biscuit*</i> Open face hot turkey sandwich(\$2.75) Oven fries – (.50 cents)</p>
<p><b>8)</b> Chicken noodle soup Crackers <i>*Stuffed shells, meatballs, cauliflower, bread, pineapple tidbits, milk*</i> Cheeseburger on bun – (\$2.50) Oven fries – (.50 cents)</p>	<p><b>9) EARL J SIMONS ONLY:</b> <i>*Breaded pork chp, Gardn Rotini, Wax beans, Butterd carrots, milk, Strawberries*</i> Turkey club pannini-turkey, swiss, tomato (\$3.00) Bagel, cream cheese (\$1.50)</p>	<p><b>10)</b> Beef and rice soup Crackers <i>*Egg omelette, turkey sausage patty, potatoes, rye bread, grapes, juice, milk*</i> Egg and turkey sausage sandwich on English muffin (\$1.50) Chef Salad – (\$4.25)</p>	<p><b>11) EARL J SIMONS ONLY:</b> <i>*Honey mustard Chix, Mashed potato, Zucchini, Mixd Veg, WhWh Bread, milk, Lorna Doones*</i> <u>Crisp Salad:</u> greens, zucchini, carrots, celery, onions, croutons, almonds, sesame seeds, HB egg, Dressing</p>	<p><b>12)</b> Beef Barley soup Crackers <i>*Coleslaw, cod, dinner roll, stewed tomatoes, sweet potato, peanut butter cookie, milk*</i> Pan Pizza - \$3.00 Garden side salad - \$1.75</p>
<p><b>15)</b> Holiday Closed</p> 	<p><b>16) EARL J SIMONS ONLY:</b> <i>Cream of Potato soup</i> Crackers <i>*Crm of potato soup, crackers, Bakd Tilapia flor-entine, Green beans, But-ternut squash, Milk, straw-berries over biscuit *</i> Grilled chicken w/ cheese, lettuce, tomato, mayo on roll (\$3.75)</p>	<p><b>17) Chix vegetable soup</b> <b>Crackers</b> <i>*Tossed salad, pizza, meatballs, broccoli, vanilla pud-ding, milk*</i> <b>Pizza- slice (\$1.00)</b></p> 	<p><b>18) EARL J SIMONS ONLY:</b> <i>*Veget Slaw, Southern bakd Chix Strips, Aspara-gus Ital Style,</i> <i>Herbed brown Rice, milk, Apricots*</i> Grilled Ham and swiss on rye (\$1.75)</p>	<p><b>19)</b> Chunky beef soup Crackers <i>*Pork, pierogies, ap-plesauce, Peas n pearl onions, Ambrosia, milk*</i> <u>Salad:</u> Chicken, Apple, cranberry, feta cheese, Almonds, Dressing (\$4.75) Hotdog / sauce - \$1.00 plus .25</p>
<p><b>22)</b> Corn chowder Crax <i>*Corn chowder, Salis-bury steak, mashd pot, gravy, CapeCod blend veget, wh wh bread, orange segments, milk*</i> Cheeseburger- \$2.50 Oven fries- .50 cents</p>	<p><b>23) EARL J SIMONS ONLY:</b> <i>*Shredded pork barbecue on bun</i> <i>Brussel sprouts, Cauli-flower,</i> <i>Warmed diced peaches on biscuit, whipped topping, milk*</i> Baked cheese broccoli quiche (\$1.75) Shredded pork on bun (\$2.50)</p>	<p><b>24)</b> Italian Wedding soup[ Crackers <i>*Vegetarian chile, Baked salmon w/creamy dill sauce, WW rotini, spinach, rye bread, grapes, milk*</i> Hotdog on bun w/sauce (\$1.00 plus .25) Chicken Caesar Salad (\$4.25)</p>	<p><b>25) EARL J SIMONS ONLY:</b> <i>*Side Caesar salad- Caesar lite,</i> <i>Ham, Wrm pineapple slics, Sweet potato, Parm buttered Fetuccini, milk, Vanilla Ice Cream*</i> Grilled cheese and to-mato on white bread (\$1.50) Side Caesar salad (\$1.75)</p>	<p><b>26)</b> Cheese tortellini soup Crackers <i>*Bakd breaded chix tender, baked potato w/sour cream, baby carrots, cabbage, corn-bread, fruit cocktail, milk</i> Chicken tender (\$1.50) Baked onion rings/oven fries(\$.50)</p>
<p><b>29)</b> Hearty vegetable soup Crax <i>*Haddock pattie w/ tartar sauce, stewed tomatoes, asparagus, WW Dinner roll, apricots, milk*</i> Haddock sandwich (\$2.75) Cheesesteak hoagie w/fried onions (\$4.00)</p>				<p><b>A LA Carte Menu</b></p>



**HAWLEY NEWS** . . . Let's start out this Newsletter with a "GREAT BIG HAPPY NEW YEAR". We have been fortunate this winter season. No Snow yet. We're bound to get hit with snow sooner or later, lets enjoy it while we can. We enjoyed our holiday gatherings here at the center. Our Christmas party with Andy Anderson, Santa and Mrs. Claus plus 75 happy participants was a wonderful time of giving, sharing and laughter. We had a delicious dinner, scrumptious desert with door prizes, music and most of all - good company.

We started our January with a mile stone Birthday. Our own Pat Vetter turned 95 years young on the 21st. Representative Michael Peifer joined us for the festivities with a proclamation in hand. Andy Anderson played songs for her all morning and she couldn't stop dancing & smiling. We had a good dinner with

home baked birthday cake prepared by her daughter Linda Mancuso.

Mark you calendars for some exciting things we have in store for you in the month of February. Tuesday Feb 9th we will celebrate Mardi Gras. Wear your beads, hats & wild glasses and join us for a fun time. Then, Friday Feb 12th bring in your Sweetheart, partner or significant other and enjoy a great Valentine Day dinner and give-a-ways for the most romantic day of the year. We also have someone special (Bill Frye) coming in on Wednesday Feb. 17th to entertain us with his musical talents starting around 12:45 pm. Plan to stay after lunch to enjoy his music and use the opportunity to meet and greet someone new. How exciting! Happy February Birthday to: Bill Bartow, Brenda Nonnemacher, Pat Ringleben, Joanne Wiley, Mary Salisbury, Raymond Johnson, Andy Carroll, John Filola, Dave Ianniello, Mike O'connor, Veronica Ryan, Dolores Segalla, Bob Nurnberger & Steven Pettinger.



**Mohegan Sun Casino**  
**Friday, February 19, 2016**  
**Snow date is Monday, Feb.22nd**  
**\$22.00 per person**

Price includes: \$25 free slot play, \$5 food voucher, bus transportation, & driver's tip.

Depart the casino at 3:00pm  
 Sign up with Marie at 253-5540 or  
 Debbie at 689-3766.

Depart:

Honesdale McDonald's @ 8:30am  
 Hawley Senior Center @ 9:00am  
 Hamlin Center @ 9:30am

Return Home:

Honesdale @ 5:00pm  
 Hawley @ 4:30pm  
 Hamlin @ 4:00pm



\*Money needs to be in by Friday, February 5, 2016.

\* Cancellation Policy: Your money refunded only if your seat can be filled, until Feb. 11<sup>th</sup>. After Feb. 11<sup>th</sup> money will not be refunded for any reason.

**INFORMATION ON SERVICES OFFERED**

Juliann Doyle, PA LINK for Monroe/Pike/Wayne Counties will present information on various services available to county residents. Presentations will be rescheduled in case centers are closed due to inclement weather. **All presentations are 11:00 am to 12:00 noon.**

Dates are as follows:

**Thursday, February 4**

Northern Wayne Fire Company, 1663 Crosstown Highway, Lakewood

**Thursday March 3**

Honesdale Senior Center, 323-10<sup>th</sup> Street, Honesdale

**Tuesday, February 23**

Hamlin Senior Center, Salem Township Bldg. 15 Township Road, Hamlin

**Friday, February 26**

Hawley Senior Center, Bingham Park, 337 Park Place, Hawley



Presentations for service groups or organizations in the area maybe scheduled by contacting Juliann at 570-253-4262 OR [jdoyle@waynecountypa.gov](mailto:jdoyle@waynecountypa.gov)

Carl Albright, Wayne County Transportation System, will present information on transportation services available to county residents. Presentations will be rescheduled if centers are closed due to inclement weather. **All presentations are 11:30 am to 12:00 noon.**

Dates are as follows:

**Thursday, February 4**

Northern Wayne Fire Company, 1663 Crosstown Highway, Lakewood

**Wednesday, February 10**

Honesdale Senior Center, 323 Tenth Street, Honesdale

**Thursday, February 25**

Hamlin Senior Center, Salem Township Building, 15 Township Road, Hamlin

**Friday, February 26**

Hawley Senior Center, Robert J. Drake Senior Community Center

Bingham Park, 337 Park Place, Hawley



Presentations for service groups or organizations in the area may be scheduled by contacting Carl at 570-253-5970 ext. 2533, or [calbright@waynecountypa.gov](mailto:calbright@waynecountypa.gov)



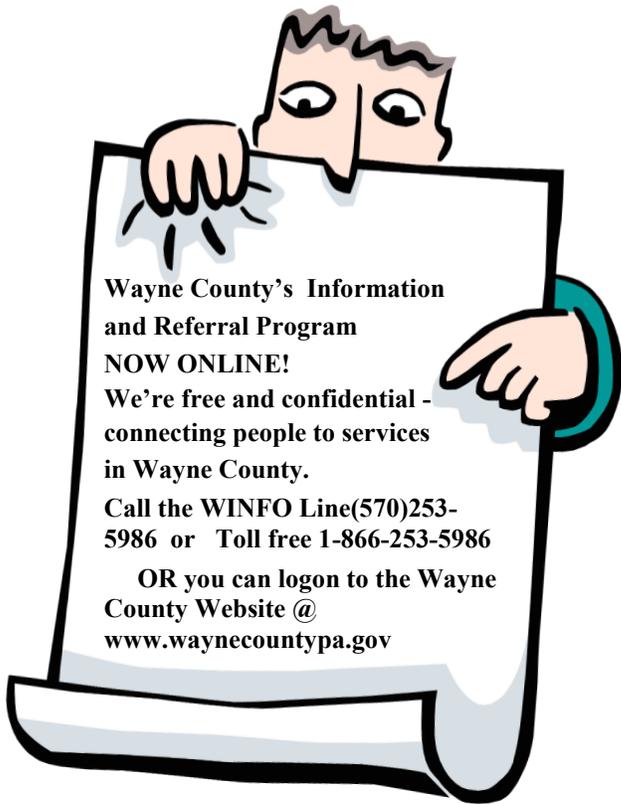
**Watch next month's newsletter for details on a St. Patrick's Day bus trip to Mount Haven**

**Northern Wayne News** . . . On January 7<sup>th</sup>, we ushered in the New Year with our New Year's Party. Our upcoming speakers will be:

Carl Albright / Wayne County Transportation on February 4<sup>th</sup>, 2016.

On March 3<sup>rd</sup>, Janene Holter from the Attorney General's office will be our speaker. On March 17<sup>th</sup>, Ise Kannabecker will speak on the Benefits of Stress reduction. February 4<sup>th</sup>, 2016, will be our next meeting, so come and feel the love at our Valentine's Day party. Call Marie at 570-253-5540 for reservations.





**Wayne County's Information and Referral Program NOW ONLINE!**

**We're free and confidential - connecting people to services in Wayne County.**

**Call the WINFO Line(570)253-5986 or Toll free 1-866-253-5986**

**OR you can logon to the Wayne County Website @ [www.waynecountypa.gov](http://www.waynecountypa.gov)**

*Production Coordinator: Kathy Robbins*

*Menu Coordinator: Lynn Guiser*

*Editor: Kathleen Chicoski*

*[kchicoski@waynecountypa.gov](mailto:kchicoski@waynecountypa.gov)*

**Honesdale Center** Earl J. Simons Center 323 10th Street, Honesdale, PA 18431 570-253-4262/570-253-9115 fax end of 10th St. across from Stone Jail

**Hamlin Center** Salem Township Building, 15 Township Bld. Rd, Route 590 Hamlin, PA 18427 570-689-3766 // 570-689-5002 fax Route 191 South to Hamlin 4 corners turn right onto 590 West, go 1/2 mile turn right after Radio Shack

**Hawley Center** Robert J. Drake Senior Community Center 337 Park Place, Bingham Park Hawley, PA 18428 570-226-4209 // 570-226-3422 fax Route 6 to Hawley, past ball field across from Mayor's office, just before bridge, left onto Park St

**Northern Wayne satellite** @ Northern Wayne Fire Company, 1663 Crosstown Highway, Lakewood, PA 18439 570-798-2335 (fire co) Meetings March-October - 1st & 3rd Thursday; Meetings November-February—1st Thursday only

**Waymart satellite** @ Masonic Hall 136 South Street, Waymart, PA 18472 Meetings 1st & 3rd Thursday. Call Kimber Best 570-267-2742.

**Transportation** 323 10th Street, Honesdale, PA 18431 8:00 am - 4:00 pm [www.co.wayne.pa.us](http://www.co.wayne.pa.us) go to "human services" click on "transportation" 570-253-4280 out of 253 exchange 1-800-662-0780

**Answer Key (page 8)**

- 1 Valley Forge
- 2 Scranton
- 3 Erie
- 4 Altoona
- 5 Williamsport
- 6 Bradford
- 7 Harrisburg
- 8 Pittsburgh
- 9 Philadelphia

Wayne County Area Agency on Aging  
323 Tenth Street, Honesdale, PA 18431  
570-253-4262 / 570-253-9115 fax  
Elder Abuse/Protective Services 800-648-9620

**Groundhog Day**  
*Old Groundhog stretched in his leafy bed.  
He turned over slowly and then he said,  
"I wonder if spring is on the way,  
I'll go and check the weather today.  
If I see my shadow between eleven and noon,  
I then will know that I'm out too soon.  
I'll crawl back in bed for six weeks more,  
Pull up the warm covers and snore and snore.  
But if no shadow gives me a scare,  
I know that spring is in the air,  
I'll wake my friends and wish them cheer,  
With glorious news that spring is here."  
- unknown*

